

Speaking Practice Test 1

Part 1: Exercise

- Do you do any exercise of a regular basis? (Why / Why not?)
- What sports are usually compulsory at school in your country?
- Can you remember what sports you enjoyed doing at school? (Why / Why not?)
- Are there any sports you particularly like watching? (Why / Why not?)

Part 2

Describe a sport you like.

You should say:

- what it is
- if you like to play it, watch it or both
- when was the last time you played/watched the sport?

and explain why you like it so much.

Part 3

Discussion Topics: Healthy Life Style

- Do you think people's life style is healthier now than in the past? (Why? / Why not?)
- What could the government do to encourage people to have a healthier life?
- Do you think there should be more control over the advertising of unhealthy products?

